

Ysgol Pen Y Bryn

RSE Curriculum

Whole School Approach

In **Foundation Phase** we develop the idea of:

- Recognising our own and others feelings
- How we are changing as we grow
- Communicating our feelings in an appropriate way
- Caring for and respecting others
- Our families
- Following Rules



This then develops further in **Key Stage 2** by focussing on aspects of:

- Racism and Diversity – acceptance of others
- Human and Children's Rights
- How our bodies change as we grow older including puberty (at an age appropriate level)
- The consequences of our actions
- Resolving conflict with each other and how our friendships and relationships may change
- Thoughts, feelings and actions and how these may change as we grow older
- Anti-Bullying including Cyber-Bullying incorporating apps and gaming
- ... and so on.

RPM
Friendships
Growing up
Diversity
Online Safety
Circle Time
Personal Safety
Relationships
Personal Care and Hygiene

