

Pen Y Bryn RSE Overview

Foundation Phase

Relationships

Friends and Friendships - how to get along with one another, effective communication

Personal Care

Looking after yourself, hygiene, washing hands, cleaning teeth etc.

Diversity

Appreciating differences, cultures etc, appreciating our own uniqueness

Rights and Respect

Respecting others, how to listen to each other, how to value the opinions of others, RPM (Respect, Politeness, Manners)

Growing up

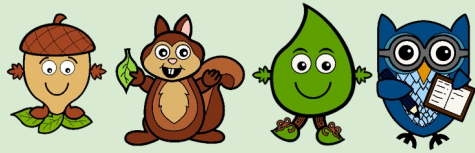
How have I changed since I was a baby? How do physical exercise and a healthy diet help me to grow?

Other

PANTS, PC Gary sessions (stranger danger, keeping yourself safe online including social media)

All of these aspects, as always, will be integrated into our everyday school lives and as part of our ongoing topics and circle time using wording which is developmentally appropriate.





Pen Y Bryn RSE Overview

Key Stage 2

Relationships

Friendships including how they evolve and change and how to deal with this, anti bullying, cyber bullying, feeling safe in our relationships, communicating our feelings effectively

Personal Care

Personal hygiene, healthy diet, the impact of exercise on our bodies, how to look after our physical and mental wellbeing

Diversity

The many cultures within our world and local area as well as Wales, Red Card for Racism, Send My Friend to School, appreciating our own uniqueness, celebrating who we are - we are unique

Rights and Respect

RPM (Respect, Politeness, Manners), Children's Rights, matters arising within our world

Growing up

How are we changing each year? (height, weight, hair colour etc) How have I changed since I was born and why? (Progressing to puberty changes in upper Key Stage 2)

Other

NSPCC, PC Gary sessions (keeping safe online - consequences of our actions online, dangerous substances, personal safety)

All of these aspects, as always, will be integrated into our everyday school lives and as part of our ongoing topics as part of our cross curricular approach to teaching.

