

NEWSLETTER

Wentworth Avenue | 01492 531 260 | swyddfa@penybryn.conwy.sch.uk
Colwyn Bay, LL29 6DD

Dear Parents / Annwyl Rieni

The Halloween disco last night was lots of fun with some great costumes and music for the children to dance to! Thank you to the Friends of the School for arranging, an amazing £984.86 was raised from the event. Please see information below regarding changes to Conwy's school dinner provision a new menu will also be in place when we return to school which you can view [here](#). Rotary Club Member and Ex PyB Chair of Governors Mr Wynne Jones visited the school this week to give 200 crocus bulbs to the school. For more than 20 years, the Rotary Club has supported the campaign to eradicate polio. The crocus (when flowering purple) is to act as a reminder of the efforts to eradicate the disease.

Also this week Loki and Elsa's Dad Philip has been voted to join the school's Governing Body. Thank you to those who took part in the voting process.

During the half term break the school will be having new LED lights fitted throughout the building as well as updating of the heating system, just in time as the winter weather draws in! I hope you have a nice half term and we'll look forward to welcoming the children back to school on Tuesday 3rd November.

Yours sincerely / Yn gywir,
Mr Richard Monteiro
Headteacher



Classroom Call - 1LH

Wow! What a brilliant start Class 1LH have had to Year One! We are so proud of how well the children have settled into their new routines and embraced all the exciting challenges that come with being in Year One. They have been absolute superstars!

We have been working incredibly hard, learning lots of new things and showing just how clever we are! In literacy, we have created our very own class book, full of wonderful ideas and inspired by the Gruffalo story.

We have also started our exciting journey into addition in maths, putting on our thinking caps and becoming little mathematicians. Of course, learning isn't just



Christmas Art Project

Today the portal to order Christmas gifts personalised with your child's art work has opened. Please see the flyer below about this Friends of the School fundraiser.

High School Places

Year 6 parents please click [here](#) for secondary school admissions if you have not yet secured your place.

Governor Wellbeing Committee

The Governor Wellbeing Committee are interested to hear from parents regarding child wellbeing. Please complete a short questionnaire to support their work. Click [here](#)

Tesco Blue Tokens

The Friends of Ysgol Pen-y-Bryn have successfully put the school forward for up to £1500 of funding for a sensory herb garden. This project would benefit the whole school and support our outdoor learning areas. To do your bit, when shopping at Tesco in Llandudno please add your blue tokens to our pot, and let friends and family know about this great cause!

PSQM

We have been awarded the Primary Science Quality Award. This is a nationally recognised accreditation that celebrates a commitment to developing excellence in science leadership, curriculum design, teaching and learning. Thank you to Mrs Chapman and Miss Corris for the work that went in last year and to the staff for showcasing what we do.



about sitting in the classroom! We have had lots of fun exploring the outdoors, whatever the weather. Our fabulous waterproof outfits have been put to very good use, and a HUGE thank you goes to The Friends of the School for providing them. The Friends have also given Year One a new fence and this has made our Outdoor space even bigger. Thank you so much to our Friends of the school as they work incredibly hard all year round. You're simply the BEST!

Today was a particularly special day as, thanks to the wonderful behaviour of our children, they all enjoyed their winning chosen reward, bringing a toy to school for the day.

Well done, Class 1LH! Keep smiling, keep learning and keep being amazing. We can't wait to see what adventures the next half term brings.



Attendance for last week (Yr 1 - Yr 6)

Days of school missed due to absence					
	1 day	2 days	3 days	4 days	5 days
Number of pupils	25	8	3	0	3

We are aiming for all our pupils to achieve an average of 97% attendance (this equates to 6 days of absence in an academic year).

Dates for
your
diary

2nd Nov
INSET
Day

3rd Nov
School
Open

13th Nov
Yr 6
DangerPoint

20th Nov
Non School
Uniform Day

CHRISTMAS PROJECT

*Turn your child's creativity
into personalised gifts
that everyone
will love!*



HOW TO ORDER:

- 1** Scan the QR code on the *back* of this leaflet with our app, or enter your school code in our web shop.
- 2** Upload a photo or scan of the artwork, following the app's provided instructions.
- 3** Place your order and get your unique gifts delivered to the school.

Please note: Pencil drawings often don't reproduce well when printed. We are unable to enhance the quality so reprints or refunds cannot be offered. Please make sure you order before the deadline advertised by your organiser to guarantee delivery!

01227 262 417

info@apfs.org.uk

apfs.org.uk



READY TO ORDER?



Ysgol Pen Y Bryn
Colwyn Bay

apfsorders.co.uk

School code
LGTREOH5

Scan the
QR code or visit
the **website** to
get started

WHEN WILL I RECEIVE MY ORDER?

You can log into your account
at any time to check the
estimated dispatch date
of your order.

FAQs

HAVING TROUBLE WITH YOUR ORDER?

Our team is here to help!
Contact us at **01227 262 417**
or **info@apfs.org.uk**.

HOW TO TAKE THE PERFECT PICTURE

KEEP IT FLAT

Place the artwork flat
on a plain surface
and take the photo
directly from above.

GET ALL FOUR CORNERS

Make sure the whole
artwork is visible,
including edges. Don't
crop anything out.

AVOID SHADOWS

Keep hands, phones
and other objects from
casting shadows over
the artwork.

USE GOOD LIGHTING

Take your photo in
bright, even natural
light.

CHECK BEFORE UPLOAD

Make sure the image
is sharp, in focus and
free from glare.



Thank you to everyone who has donated - we will give a final total raised when we return to school!



Our Staff are
WEARING PINK!

IT'S 25 YEARS OF
WEAR IT PINK

at Ysgol Pen y Bryn

On Friday 23rd October,
all staff at Ysgol Pen y Bryn will be
wearing pink to support 25 years of
Wear It Pink, in aid of breast cancer.

Raising
money for
breast cancer
research

The
GoFundMe
is open!

For anyone who would also
like to donate, our GoFundMe
is open to help support
25 years of Wear It Pink
breast cancer research.



SCAN WITH YOUR
CAMERA APP
and it'll take you straight
to the page.

Any donation, big or small, would be
extremely appreciated.

If you would like to donate cash, please give it to
your child to bring to Miss Corris.

Thank you so much for your support!



Healthier breakfasts and lunches in primary schools

Information for parents and carers



From **31 October 2026**, updated healthy eating regulations and guidance will apply in primary schools across Wales.

The changes are based on current scientific recommendations, particularly around **free sugars, fibre** and **processed meat**. They will help councils and schools provide nutritious, balanced food that is more closely aligned with the **Eatwell Guide**.

This document highlights the **main changes to breakfast and lunch** compared with the previous regulations and guidance. Some councils and schools may already have gone beyond the previous requirements or introduced some of these changes early.

What is changing at breakfast?

- Bread will be at least 50% wholegrain.
- Jam, marmalade and honey will no longer be offered.
- Yoghurt, fruit juice and baked beans will no longer be offered.

Cereals, milk, fruit and vegetables, and bread with reduced-fat spread will continue to be offered.

What is changing at lunch?

More fruit and vegetables will be offered



- More portions of vegetables.
- A greater variety of fruit and vegetables.
- A small portion of fruit or vegetables will be served with desserts.

More wholegrain foods will be offered



- Bread will be at least 50% wholegrain.
- Rice, pasta or noodles will be at least 50% wholegrain.
- A greater variety of starchy foods, such as potatoes, rice, pasta, noodles and couscous.

This document is also available in Welsh.

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October 2026

More beans and pulses will be offered



- More meals where beans or pulses are the main source of protein.
- A greater variety of beans and pulses, such as kidney beans, soya beans, chickpeas and lentils.

Changes to the meat and fish offer



- Red meat once or twice each week.
- Fewer meat products, such as ham, sausages and burgers.
- Fish products will be sustainably sourced and contain at least 50% fish.

Foods that will be offered less often



- Processed alternatives to meat and fish, such as plant-based sausages and burgers.
- Foods that are deep-fried or flash-fried, or have a coating containing oil, such as fish fingers and chicken nuggets.
- Pastry and pastry products.
- Sweetened baked products and desserts, such as cakes, biscuits, ice cream and jelly. The restriction will not apply to ambient or chilled yoghurts.

Drinks



- Plain water, plain milk and plain plant-based drinks could be offered.

Different portion sizes



- Different portion sizes will be offered for infants and juniors to ensure meals are appropriate for their age and nutritional needs.
- Minimum portion sizes will apply to foods that children should have more of.
- Maximum portion sizes will apply to foods that children should have less of.

For full details of the regulations and guidance, including other food and drink provided during the school day, please see the **Welsh Government's** website.

For more information about changes to the food and drink provided at your child's school please contact your **council or school**.

This document is also available in Welsh.

Welsh Local Government Association
October 2026